



Camper Breakdown

by region

- 6 Alberta
- 4 Manitoba
- 4 Northwestern Ontario
- 3 Eastern Ontario
- 3 Northern Ontario
- 15 Southern Ontario



A Note from Camp

Our theme for 2023 volunteer training was being **Brilliant at the Basics**. Being Brilliant at the Basics means balancing the complexity of running a medical speciality camp with the everyday basic skills required to be a positive role model for children affected by cancer. Our goal was to equip our volunteers with the fundamental skills of a being Companion, which include camper management, programming, problem-solving, communication and empathy. We adopted a three part training process, including virtual modules, a half-day in person training and onsite training the day before camp.

What makes camp so special?



Our AYA Programming is so special because it allows campers the opportunity to make new friends from all over Canada who understand their experiences. Specifically for young adults, this programming serves as an important environment for them to build community and connect, many have indicated that they face challenges in establishing friendships and navigating work and school related pressures at home. Here they can be themselves in a safe and supportive environment.

NEW in 2023

- ✓ 2023 marked a significant milestone in our AYA programming as both our Teen Leadership Weekend, Camp Quality New Heights and Young Adult Retreat, Camp Quality Horizons, returned in-person for the first time since the onset of the pandemic.
- ✓ Our Young Adult Program, formerly called Breaking Borders, underwent a transformation, emerging as Camp Quality Horizons. The name change represents a more meaningful transition and natural progression from our New Heights program, emphasizing the growth and exploration that is part of the CQ journey taken by our campers.

Volunteer Breakdown

by region

- 2 Alberta Volunteers
 - 2 Manitoba Volunteers
 - 1 Northwestern Ontario Volunteer
 - 8 Eastern Ontario Volunteers
 - 1 Northern Ontario Volunteers
 - 6 Southern Ontario Volunteers
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- 14 COC Members Supported
 - 2 Medical Volunteers
 - 2 Past Camper Volunteers
 - 1 Council of Advisor Volunteer

Looking Forward

New Heights: Our teen campers have expressed interest to extend their time together, focusing on building leadership skills and creating lasting friendships with peers from different parts of the country. This year we are expanding the weekend by a day, providing even more opportunities for our campers to immerse themselves in the weekend.

Horizons: Our camper alumni have expressed a desire to come together to participate in a variety of activities and opportunities that span from fostering community and building friendships, to building valuable skills and enjoying the timeless experience of classic camp activities. We aspire to expand our YA weekend program to include more participants and a tailored experience that will cater to their interests and goals.



THANK YOU!

FOR YOUR SUPPORT

Camp Quality Canada
 1444 Queen St. East | Toronto | ON M4L 1E1
www.campquality.org |
info@campquality.org
 416-406-2267

